



Art from the Soul

Celebrating Autumn

Autumn – or Fall – is a magical time of year, where we can celebrate the colours of the leaves, the mists, the lengthening nights, and the coming winter. As time slows and the boundaries to the Other worlds become less opaque, we can recover our inner silence and find a new clarity of expression.

Samhain (celebrated on November 1st) was a powerful time in the ancient calendar: it is a season to harvest what had been reaped. As the gods drew near, bonfires were lit and many of the animals who would not survive the winter were slaughtered. Today we connect to the souls of the dead, and acknowledge the power of nature.

This workshop will allow us to recharge after the hectic activities of summer. Using meditation and silence, music and colour, we will encounter our soul's call, allow the old world to fall away, and invite the new to enter.

Date: November 22nd 2009

Venue: Sutton, Surrey (full details will be supplied on confirmation of booking)

Time: 11.00 - 6.00 p.m.

Cost: £50.00 excluding materials

A £25 deposit will be required for confirmation

For details phone 07949 766634

http://www.cillaconway/art_workshops.htm

[email cilla@cillaconway.com](mailto:cilla@cillaconway.com)



Cilla Conway, the workshop facilitator, was born in Holland, brought up in Zimbabwe, and arrived in the UK in 1971. She has painted all her life, and considers her artwork essential for health.

Between 1973 and 1981 she found herself painting a tarot deck which connected her to the Otherworlds, and working with active imagination to journey into her images developed that spiritual direction. She continued her artwork into large oils and a second deck of images entitled *'The Devas of Creation'*.

She now has a BA in Fine Art as well as an MA in Psychotherapy and Healing, and is currently pursuing a new artistic project of illuminated manuscripts.